



	Mondays		Tuesdays		Wednesdays		Thursdays		Fridays	
Words	Find 3 words that have your target sound(s) in the beginning. Say them 10 times each.		Find 3 words that have your target sound(s) at the end. Say them 10 times each.		Find 3 words that have your target sound(s) in the middle. Say them 10 times each.		Find 3 words that have your target sound(s) in any position. Say them 10 times each.		Flip a coin. If it lands on heads, say your 12 target words from earlier in the week 3 times each; if it lands on tails, say them 5 times each.	
Phrases	Find 3 words that have your target sound(s) in the beginning. Say them in a short phrase 10 times each. Ex: "catch a _____"		Find 3 words that have your target sound(s) at the end. Say them in a short phrase 10 times each. Ex: "see a _____"		Find 3 words that have your target sound(s) in the middle. Say them in a short phrase 10 times each. Ex: "_____ in a tent"		Find 3 words that have your target sound(s) in any position. Say them in a short phrase 10 times each. Ex: "____ on a lake"		Flip a coin. If it lands on heads, say your target phrases from earlier in the week 3 times each; if it lands on tails, say them 5 times each.	
Sentences	Find 3 words that have your target sound(s) in the beginning. Say them each in 10 carrier sentences: "The ____ is in the cave."		Find 3 words that have your target sound(s) at the end. Say them each in 10 carrier sentences: "There is a ____ in the tent."		Find 3 words that have your target sound(s) in the middle. Say them each in 10 carrier sentences: "I will catch a _____."		Find 3 words that have your target sound(s) in any position. Say them each in 10 carrier sentences: "The ____ is swimming."		Flip a coin. If it lands on heads, say your target sentences from earlier in the week 3 times each; if it lands on tails, say them 5 times each.	
Conversation	Would you rather eat a burnt marshmallow or a burnt hot dog? Discuss with a friend or family member.		Would you rather wear deodorant that smells like skunk spray, or use toothpaste that smells like bear breath? Discuss with a friend or family member.		Would you rather have a nose that glows like a firefly or smelly skunk fur for hair? Discuss with a friend or family member.		Would you rather have binoculars for eyes or bear paws for hands? Discuss with a friend or family member.		Would you rather hike five miles in the desert, or swim five miles in icy water? Discuss with a friend or family member.	
	/k, q/	/f, v/	/sh, ch, j/	/l/	/L-blends/	/s, z/	/s-blends/	/r, r-blends/	vocalic /r/	/th/
Target Sounds in Words	Cot Cabin Backpack Hike Gear Guide Dugout Bug Bag	Fire Family Fun Waterfall Whiff Vacation Vest Evening Cave	Shore Marshmallow Fish Chair Matches Beach Jump Ranger Gauge	Lake Lantern Lug Repellant Wildlife Binoculars Trailer Bottle Animal	Climb Flashlight Sleep Blanket Playing Glad Planning Supplies Fireflies	Sun Scenery Zap Insect Outside Busy Grass Compass Woods	Sleeping bag Stars Swim Smoke Skunk Discover Sunscreen Forest Quest	Rope Repel Bedroll Natural Green Trees Trail Campground Dehydrated	Oar Air Tarp Evergreen Park Outdoors Bear Water Camper	Thistle Thirsty Thankful Weather Gather Together North South Path