

Camping



Name: _____

Fluency Strategies	Belly Breathing		Easy Speech		Chunking		Wait Time		Eye Contact											
	Practice deep breathing by moving your belly (diaphragm) in-and-out; not just your chest.		Let out a little air (ex: A--pples) before starting to speak; stretch sounds to help air flow.		Pause at natural breaks to get a brief breath so you have enough air to finish speaking.		Waiting a second or two before responding helps you to not feel rushed. Pause, then answer.		Be sure to look at the person to whom you are speaking in conversation.											
Week 1	Mondays		Tuesdays		Wednesdays		Thursdays		Fridays											
	Count to 2 to inhale, and to 4 to exhale; do this 3 times.		Use easy speech to tell 2 ways each pair is alike: Cabin – Tent Skunk – Bear Sleeping Bag – Hammock		Describe a skunk. Pause for air at breaks.		Would you rather eat a burnt marshmallow or a burnt hot dog? Wait, then tell why.		Have a conversation with a friend about where you would go camping. Look at the person when speaking.											
	Count to 3 to inhale, and to 6 to exhale; do this 3 times.		Use easy speech to tell 2 ways each pair is different: Cabin – Tent Skunk – Bear Sleeping Bag – Hammock		Describe a firefly. Pause for air at breaks.		Would you rather wear deodorant that smells like skunk spray, or use toothpaste that smells like bear breath? Wait, then explain why.		Have a conversation with a friend about your favorite forest animal. Be sure to look at the person when you speak.											
	Count to 4 to inhale, and to 8 to exhale; do this 3 times.		Use easy speech to tell 2 ways each pair is alike: Lantern – Flashlight Lake – Waterfall Thistle – Flower		Describe a tent. Pause for air at breaks.		Would you rather have a nose that glows like a firefly or smelly skunk fur for hair? Wait, then explain why.		Have a conversation with a friend about your least favorite forest animal. Be sure to look at the person when you speak.											
	Count to 5 to inhale, and to 10 to exhale; do this 3 times.		Use easy speech to tell 2 ways each pair is different: Lantern – Flashlight Lake – Waterfall Thistle – Flower		Describe a marshmallow. Pause for air at breaks.		Would you rather hike five miles in the desert, or swim five miles in icy water? Wait, then explain why.		Have a conversation with a friend about what it would be like to live in a cave. Be sure to look at your friend when you talk.											
Related Word Bank	/k, g/		/f, v/		/sh, ch, j/		/L/		/L-blends/		/s, z/		/s-blends/		/r, r-blends/		vocalic /r/		/th/	
	Cot	Fire	Shore	Lake	Climb	Sun	Sleeping bag	Rope	Oar	Thistle										
	Cabin	Family	Marshmallow	Lantern	Flashlight	Scenery	Stars	Repel	Air	Thirsty										
	Backpack	Fun	Fish	Lug	Sleep	Zap	Swim	Bedroll	Tarp	Thankful										
	Hike	Waterfall	Chair	Repellant	Blanket	Insect	Smoke	Natural	Evergreen	Weather										
	Gear	Whiff	Matches	Wildlife	Playing	Outside	Skunk	Green	Park	Gather										
	Guide	Vacation	Beach	Binoculars	Glad	Busy	Discover	Trees	Outdoors	Together										
	Dugout	Vest	Jump	Trailer	Planning	Grass	Sunscreen	Trail	Bear	North										
	Bug	Evening	Ranger	Bottle	Supplies	Compass	Forest	Campground	Water	South										
	Bag	Cave	Gauge	Animal	Fireflies	Woods	Quest	Dehydrated	Camper	Path										